# One Health Influences

#### HÉLÈNE CARABIN DVM, PhD

Full Professor Université de Montréal Canadian Research Chair in Epidemiology and One Health Director, Groupe de Recherche en Épidémiologie des Zoonoses et Santé Publique (GREZOSP) Codirector, Global One Health Network (G1HN) Codirector, One Health Modelling Network for Emerging Diseases(OMNI)









GROUPE CE RELIEVE - E EN EN DÉMICE CELE DES 2004/0385 ET SAVITE FUOLIQUE







Bienvenue Français Welcome English Wa'tkwanonhwerá:ton Mohawk/kanienke : haka K'wlipaï8 Bénaki Yiheh Wendat Algonquin/anie Mino pijaok **Miropeicakw** Atikamekw/nehirowisiw Wachiya Cri/eeyou Minu-Takushini Innu Inuktitut Ai Weltasualulnog Mi'kmaq Nimiwaitan takuasenen Naskapi **Ulasuweltomon** Malécite

The University of Montreal acknowledges the **Indigenous nations** that, prior and even after the establishment of the French, encountered one another on the territory of the Island of Montreal. It also honours the memory of the Great Peace of 1701, a treaty that fostered peaceful relationships between France, its Indigenous allies and the Haudenosaunee federation. The spirit of fraternity that inspired this famous treaty serves as a model for our own university community.

# ONE HEALTH PERSPECTIVE & HISTORY

## PERSPECTIVE

#### Number of described species

The number of identified and named species in each taxonomic group<sup>1</sup>, as of 2022. Since many species have not yet been described, this is a large underestimate of the total number of species in the world.

Our World in Data



Kingdom	Number of species <i>(Total)</i>	Number of species <i>(Ocean)</i>	Number of species <i>(Terrestrial)</i>
Animals	7,770,000	2,150,000	5,620,000
Chromists	27,500	7400	20,100
Fungi	611,000	5320	605,680
Plants	298,000	16,600	281,400
Protozoa	36,400	36,400	0
Archaea	455	1	454
Bacteria	9680	1320	8360
Total species	8,750,000	2,210,000	6,540,000

1. Taxonomic group: A taxonomic group is a category in the scientific classification of living things, based on shared characteristics and genetic similarity. It is arranged in a hierarchical system, with each group being more specific than the one above it, and all groups forming the entire classification of living things.

https://ourworldindata.org/biodiversity-and-wildlife#how-many-species-are-there

Estimated number of species on Earth from Mora et al. (2011).

## Living Planet Index



Home About Us The Index Data Indicators Projects Publications

#### Latest Results

The global Living Planet Index is the main indicator derived from our data. The Living Planet Index (LPI) is a measure of the state of the world's biological diversity based on population trends of vertebrate species from terrestrial, freshwater and marine habitats. The LPI has been adopted by the Convention of Biological Diversity (CBD) as an indicator of progress towards its 2011-2020 targets and can play an important role in monitoring progress towards the post-2020 goals and targets negotiated at COP15 this December.



https://www.livingplanetindex.org/latest\_results

## **PERSPECTIVE -**Infections have few species frontiers



#### Diseases of humans and their domestic mammals: pathogen characteristics, host range and the risk of emergence

Phil. Trans. R. Soc. Lond. B (2001) 356, 991-999

S. Cleaveland<sup>\*</sup>, M. K. Laurenson and L. H. Taylor



**1205**/1922 species of infectious agent (in database reviewed) **infect more than one host** species

# 1415

pathogens infect humans



doi 10.1098/rstb.2001.0889

## **ONE HEALTH – THE ORIGINS...**

Rudolph Virchow (1821-1902)



< There are not scientific barriers between veterinary and human medicine, and there should not be one. The experiences of one should be used for the development of the other.>> William Osler (1849-1919)



« Veterinary and human medicine are complementary and should be considered as one medicine » 1<sup>st</sup> edition - 1969



## **BUT IT IS A LOT OLDER THAN THAT! LA CHARTRE DE MIREPOIX, 1303**

- Act of 24 articles on how to work as a butcher
- Recognises the « perils » of consuming meat, but that this is uncertain (notion of « risk »).
- Ensures the livelihood of butchers in a Cathare city.
- Inspection of meat in markets and of all animals!
- Art. 8 « on vendra donc du mouton, du bœuf et du porc, mais à une condition : que leurs chairs soient *bonnes, utiles, non malades* ».



Ferrières M. Histoire des peurs alimentaires. Seuil 2002.

## **MORE RECENTLY**

#### Manhattan Principles

« 12 recommendations to estaslish a more hollistic approach to prevent epidemic and epizootic diseases et to maintain the integrity of ecosystems for the benefits of humans, their domestic animals and the biodiversity which is essential to all ».





One Health Initiative Task Force : Final Report

July 15, 2008



# THE BERLIN PRINCIPLES 2019 – UPDATED PRINCIPLES

#### WCS NEWS RELEASE

## Global Health Leaders Issue Urgent Call for United Effort to Stop Diseases Threatening All Life on Earth

- The Berlin Principles were developed and issued today at the One Planet, One Health, One Future conference organized by the Wildlife Conservation Society and the German Federal Foreign Office
- The conference included the top minds from around the globe addressing how human development and interference on nature are generating threats affecting all life on Earth

BERLIN , GERMANY | OCTOBER 25, 2019

Source: https://oneworldonehealth.wcs.org/About-Us/Mission/The-2019-Berlin-Principles-on-One-Health.aspx

14.00

## **UPDATE: THE BERLIN PRINCIPLES 2019**

## What?

#### **1)** Integrate protection of biodiversity as a solution for health

- 2) Protect biodiversity
- 3) Protect natural environments, water, sea, air
- 4) Actively fight climate change
- 5) Institutionalize One Health
- 6) Adopt systems approaches and resilient systems
- 7) Invest in intersectorial systmens and global solutions

## 8) Transdisciplinarity and cooperation among institutions (governments, NGOs, academia, industry)

9) Invest in educating and raising awareness on ecosystem approaches for a healthy planet

10) Adopt a participatory and collaborative approach, among institutions and with Indigenous Peoples and Ical communities

### How?

### Recognize One Health

### Systems approach

### **Knowledge sharing**

# DEFINITION, EXISTING STRUCTURES AND GOVERNANCE

# WE FINALLY HAVE A DEFINITION FOR OH!

**ONE HEALTH** is an integrated, unifying approach that aims to sustainably balance and optimize the health of people, animals and ecosystems.

- It recognizes the health of humans, domestic and wild animals, plants, and the wider environment (including ecosystems) are closely linked and INTER-DEPENDENT.
- The approach mobilizes multiple sectors, disciplines and communities at varying levels of society to work together to foster well-being and tackle threats to health and ecosystems, while addressing the collective need for clean water, energy and air, safe and nutritious food, taking action on climate change, and contributing to sustainable development.

## WE FINALLY HAVE A DEFINITION FOR OH!



https://www.who.int/news/item/01-12-2021-tripartite-and-unep-support-ohhlep-s-definition-of-one-health

## **IMPACT OF THE PANDEMIC ON GOVERNANCE**

**CORRESPONDENCE** 03 January 2023

### Pandemic treaty: incorporate a One Health framework

David T. S. Hayman 🖂 & Katie Woolaston



"Public health is a component of One Health, and not vice versa"

> Strengthening A One Health Approach to Emerging Zoonoses June 2022



An RSC Policy Briefing

## **IMPACT OF THE PANDEMIC ON GOVERNANCE**

ONE HEALTH HIGH-LEVEL EXPERT PANEL

## PREVENTION OF ZOONOTIC SPILLOVER

FROM RELYING ON RESPONSE TO REDUCING THE RISK AT SOURCE OHHLEP whitepaper/Opinion piece

https://www.who.int/publications/m/item/preventionof-zoonotic-spillover

#### FIGURE 1. PREVENTION OF ZOONOTIC SPILLOVER TO HUMANS



"Prevention of pathogen spillover from animals to humans means shifting the infectious disease control paradigm from reactive to proactive (primary prevention). Prevention includes addressing the drivers of disease emergence, namely ecological, meteorological and anthropogenic factors and activities that increase spillover risk, in order to reduce the risk of human infection. It is informed by, amongst other actions, biosurveillance in natural hosts, people and the environment, understanding pathogen infection dynamics and implementing intervention activities."

# AREAS OF APPLICATION OF ONE HEALTH

## **AREAS OF APPLICATION**



## **ZOONOTIC INFECTIOUS DISEASES**





Zoonotic diseases (zoonoses): Infectious diseases that can be spread between animals and humans; can be spread by food, water, fomites, or vectors.

**Emerging zoonotic disease:** Zoonotic disease due to known pathogens but that have not yet occurred in a specific geographic area, in a specific species, or that are increasing in prevalence (here, different from new pathogens, see definition below).

Endemic zoonotic disease: Zoonotic disease that exist continually or continuously in a geographic area, so that cases of disease could be expected.

# MOST EMERGING INFECTIONS ARE ZOONOTIC



# EMERGING FACTORS LINKED TO THE ENVIRONMENT

livestock, resulting in transfer of novel microbial pathogens.



Source: Muishara J, Mishra P and Aora NK. Linkages between environmental issues and zoonotic diseases: with reference to COVID-19 pandemic. Environmental Sustainability 2021; 4: 455-67

https://link.springer.com/article/10.1007/s42398-021-00165-x

in the environment results in quicker evolution of microbes due to mutations and horizontal gene transfer, resulting in development of novel and dangerous pathogenic strains.

#### Environmental issues that lead to the pandemic

## **REVERSE SPILLOVER – INTEGRATED SURVEILLANCE IS KEY**

## Highly divergent white-tailed deer SARS-CoV-2 with potential deer-to-human transmission

Bradley Pickering<sup>1,9,10</sup>\*, Oliver Lung<sup>1,11</sup>\*, Finlay Maguire<sup>2,12,13</sup>\*, Peter Kruczkiewicz<sup>1</sup>, Jonathan D.

Kotwa<sup>3</sup>, Tore Buchanan<sup>4</sup>, Marianne Gagnier<sup>5</sup>, Jennifer L. Guthrie<sup>6,16</sup>, Claire M. Jardine<sup>7</sup>, Alex

Legend PCR Positives (n = 17) Deer Genome Sample . 1 . 1 0 2 D 2-3 Southwester Ontario 3-6 Southwestern Ontario Eastern Ontario ake Huron 0 00 Michigan . Lake Erie Lake St. Clai 10 20 40 KN

Figure 1: SARS-CoV-2 RNA detection in WTD sampled in Southwestern and Eastern Ontario in 2021. Circle size indicates the relative number of positive WTD (n=17/298), with crosses showing samples from which high quality viral genomes were recovered (n=5). The detailed map depicts Southwestern Ontario (the red rectangle on the inset map). SARS-CoV-2 RNA was not detected in samples from Eastern Ontario.









Fig. 6 | Hypothetical zoonoses and evolution of the B.1.641 lineage. The timeline and approximate relationship between the Beta VOC (bold), lota/ Epsilon former VUIs, and viral samples in white-tailed deer, humans and mink from both Michigan (green) and Ontario (orange) are displayed. As it likely emerged during one of the indicated poorly sampled periods of viral evolution, it is unclear whether the viral ancestor of B.1.641 was from an unknown animal (for example, mink, white-tailed deer or other species) or human reservoir. From this ancestor, there was either a spillback transmission from deer to human (scenario 1) or the emergence of a virus infecting both human and deer (scenario 2).

Divergent SARS-CoV-2 variant emerges in white-tailed deer with deerto-human transmission | Nature Microbiology Nov 2022







to-human transmission | Nature Mic

## **BEYOND EMERGING ZOONOSES**

#### **TYPES OF ZOONOSES** TRANSMISSION **EXAMPLES** Mostly food/waterborn Salmonella, E. coli, Leptospira, etc. BACTERIAL Mostly **aerosol**, direct VIRAL SARS, monkeypox, avian flu, rabies contact and vectorborne Cryptosporidium, Giardia, PARASITIC Mostly food/waterborn cysticersosis, echinococcosis, Toxocara

Mostly direct contact

FUNGAL

PRIONS

BSE/CJD, TSE???

**Scabies** 

# ZOONOSES ARE EVERYWHERE

#### Review Global Patterns of Zoonotic Disease in Mammals Barbara A. Han,<sup>1,\*</sup> Andrew M. Kramer,<sup>2</sup> and John M. Drake<sup>2,3</sup>



#### Trends in Parasitology

Jnique zoonoses

Figure 5. Zoonoses Caused by the Four Major Pathogen Types Are Globally Distributed, with Notable Hotspots for Bacteria and Helminths in North America and Eurasia. (A) Richness patterns are depicted by pathogen type in descending order: bacteria, viruses, helminths, protozoa. (B) A histogram showing the number of unique zoonoses caused by each pathogen types in the six most species-rich mammal groups: the carnivores, bats (Chiroptera), primates, rodents, shrews and moles (Soricomorpha), and the hoofed mammals (ungulates, which combine the orders Perissodactyla and Artiodactyla and exclude domesticated species).

## **ENDEMIC ZOONOSES**

WHO recognises more than **200** zoonoses

A large number are **neglected** or not on the list of those neglected



# FOODB CALGARY STILL CALGARY News

VIDEO NEWSY

**D BUT** 

### E. coli outbreak spotlights daycare food safety, experts say

COLLECTION REVIEW

#### World Health Organizc and Regional Compari Foodborne Disease in 2

Arie H. Havelaar<sup>1,2,3</sup>\*, Martyn D. Kirk<sup>4</sup>, Paul F Robin J. Lake<sup>8</sup>, Nicolas Praet<sup>9</sup>, David C. Belli Neyla Gargouri<sup>12</sup>, Niko Speybroeck<sup>13</sup>, Amy C Frederick J. Angulo<sup>16</sup>, Brecht Devleesschau Organization Foodborne Disease Burden Ep

"The burden of FBD (3 similar order of magnit "big three" infectious ( malaria and tuberculos



A microbiologist points out an isolated E. coli growth on an agar plate from a patient specimen at the Washington State Dept. of Health Tuesday, Nov. 3, 2015, in Shoreline, Wash. (AP Photo/Elaine Thompson)

## **ANIMAL INFECTIONS AND DISEASES ARE ALSO** PART OF THE ONE HEALTH APPROACH



Journal of Agromedicine

ISSN: 1059-924X (Print) 1545-0813 (Online) Journal homepage: <u>https://www.tandfonline.com/loi/wagr20</u>

#### **Recent Animal Disease Outbreaks and Their** Impact on Human Populations

Jeffrey B. Bender DVM, MS, Will Hueston DVM, PhD & Mike Osterholm PhD, MPH, DVM, MS, DACVPM

To cite this article: Jeffrey B. Bender DVM, MS , Will Hueston DVM, PhD & Mike Osterholm PhD, MPH, DVM, MS, DACVPM (2006) Recent Animal Disease Outbreaks and Their Impact on Human Populations, Journal of Agromedicine, 11:1, 5-15, DOI: 10.1300/J096v11n01 02

To link to this article: https://doi.org/10.1300/J096v11n01\_02

FIGURE 2. Culling sheep during the foot-andmouth outbreak in France, 2001.



"In 1994, canine distemper jumped the "species-barrier" infecting African lions of the Serengeti. The resulting infection killed more than one-third of the Serengeti lions within six months." (Nature. 1996 Feb 1;379(6564):441-5)

Taylor & Francis

# ZOONOSES CAUSE SEVERAL "NON COMMUNICABLE DISEASES"

Study name	Outcome	Statistic
		Odds
		ratio
uryani et al., 2010	Toxoplasmosis	1.594
lipour et al., 2011	Toxoplasmosis	3.561
ivarado-Esquivel et al., 2014	Toxocariasis	0.660
alia at al. 2012	Toxopasmosis	1.163
dan et al., 2008	Toxocariasis	41.604
ademvatan et al., 2014	Toxoplasmosis	1.429
randish et al., 2016*	Toxoplasmosis	2.199
randish et al., 2016 **	Toxoplasmosis	2.814
uar et al., 2015	Toxoplasmosis	4.776
amer et al., 2008	Toxoplasmosis	4.267
Alvarado-Esquivel et al., 2011	Toxoplasmosis	4.440
isshili et al., 2016	Toxoplasmosis	2.540
umidinejat et al., 2010	Toxoplasmosis	2.990
anah et al., 2013	Toxoplasmosis	2.010
arabulut et al., 2015	Toxoplasmosis	1.008
Khademvatan et al., 2013	Toxoplasmosis	0.780
		2.329

Fig. 3 Forest plot of the pooled odds ratio of toxoplasmosis and/or toxocariasis in people with schizophrenia and/or bipolar disorders, Heterogeneity: Q = 62.67, df = 16, p < 0.0001,  $l^2 = 74.47$ , Kheirandish et al., 2016\*: Schizophrenia, Kheirandish et al., 2016\*: Bipolar disorders groups. \*Indicates studies among people with epilepsy and seizures. \*\* Indicates studies among people with active epilepsy only. doi:10.1371/journal.pntd.0000870.g004

Daré et al. BMC Public Health (2019) 19:1645 https://doi.org/10.1186/s12889-019-7933-4

# ONE HEALTH, ENVIRONMENT, AND NON COMMUNICABLE DISEASES

# **ENVIRONMENT IN OH INTERVENTIONS**

One Health 14 (2022) 100380



Contents lists available at ScienceDirect

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journal homepage: www.elsevier.com/locate/onehlt

#### How are large-scale One Health initiatives targeting infectious diseases and antimicrobial resistance evaluated? A scoping review

Léa Delesalle <sup>a,d,e,1</sup>, Margaux L. Sadoine <sup>b,d,1</sup>, Sarah Mediouni <sup>a,d,e</sup>, José Denis-Robichaud <sup>c</sup>, Kate Zinszer <sup>b,d</sup>, Christina Zarowsky <sup>b,d</sup>, Cécile Aenishaenslin <sup>a,d,e</sup>, Hélène Carabin <sup>a,b,d,e,\*</sup>

<sup>c</sup> Independent researcher, Amqui, Canada

<sup>d</sup> Centre de Recherche en Santé Publique (CReSP), Montréal, Canada



<sup>&</sup>lt;sup>a</sup> Département de Pathologie et Microbiologie, Faculté de Médecine Vétérinaire de l'Université de Montréal, Canada

<sup>&</sup>lt;sup>b</sup> Département de Médecine Sociale et Préventive, École de Santé Publique de l'Université de Montréal, Canada



### HOW ARE ONE HEALTH INITIATIVES EVALUATED?

Insights from the literature

L. Delesalle, M. L. Sadoine, S. Mediouni, J. Denis-Robichaud, K. Zinszer, C. Zarowsky, C. Aenishaenslin, H. Carabin.



# **ENVIRONMENT – AN EXAMPLE WITH** TOXOPLASMOSIS



The life cycle of the parasite, Toxoplasma gondii, how it contaminates coastal waters and infects wild sea otters. (Credit: Karen C Drayer Wildlife Center, University of California, Davis) [-] KAREN C DRAYER WILDLIFE CENTER, UCDAVIS

Acta Tropica 231 (2022) 106432

spread throughout the ecosystem and on many hosts, T. gondii has become one of the most successful parasites on the planet. Successful public health interventions require the cooperation of partners working with human and animal health, as well as, the environmental actions. The One Health concept proposes collaborative multi-sectorial and interdisciplinary approaches with the goal of achieving optimal health outcomes. Efforts to better understand toxoplasmosis and its real epidemiology are crucial for controlling of this infection. The collaboration between professionals from different areas, such human health professionals (physicians, nurses, biologists, epidemiologists and others), animal health (veterinarians, pet owners, paraprofessionals, agricultural workers), environment (biologists, ecologists, educators, wildlife specialists), and other areas of expertise need to communicate, collaborate and coordinate activities to better understand the ecological interactions and impacts of this zoonotic disease. Other relevant actors include policy makers, farmers and different communities.

frontiers in Public Health

OPINION published: 26 January 2022 doi: 10.3389/fpubh.2021.807186



#### Beyond Zoonoses in One Health: Non-communicable Diseases Across the Animal Kingdom

B. Natterson-Horowitz<sup>1,2+†</sup>, Marion Desmarchelier<sup>3†</sup>, Andrea Sylvia Winkler<sup>4,5†</sup> and Hélène Carabin<sup>6,7,8,9†</sup>



Aida Minguez-Menendez

## **FUTURE OF OH** INCLUDES TACKLING NCDs-ENVIRONMENT AND AHW ARE KEY

# USING ONE HEALTH FOR PREVENTION (AND NOT REACTION)

## CASE STUDY (SWINE) INFLUENZA H1N2V

#### ONE HEALTH HIGH-LEVEL EXPERT PANEL

# PREVENTION OF ZOONOTIC SPILLOVER

FROM RELYING ON RESPONSE TO REDUCING THE RISK AT SOURCE OHHLEP whitepaper/Opinion piece "It is often claimed that allocating resources to prevent something from happening is politically difficult as the value of prevention is largely "invisible" (prevention paradox), or it will take a long time to show effects. "

## CASE STUDY (SWINE) INFLUENZA H1N2V -OBJECTIVES

Describe OH communication channels & flow among stakeholders involved in human and swine influenza surveillance and response in Alberta



Identify elements supporting OH communication, especially related to information sharing between animal and PH professionals

J Denis-Robichaud, S Hindmarch, C Zarowsky, E Rees, JC Mutabazi, N Nson Nswal, M D'Astous, A Osborn, H Carabin



## **METHODS**

- One human case of swine influenza (Oct 2020, Alberta)
  - Document review (e.g CAHSS, CWSHIN)
  - 15 semi structured interviews (Oct-Dec 2021)
    - Participants: snowballing and chain recruitment
  - Descriptive and thematic analyses



Human case of swine influenza in Oct 2020 Alberta, Canada





### **Government stakeholders**

- Lead by human / public health
- Collaboration with animal health





#### **Government stakeholders**

- Lead by human / public health
- Collaboration with animal health

### **Facilitators:**

- Data availability
- Pre-existing relationship
- Shared position (public health veterinarian)
- Trust
- Notifiable disease

# Industry and animal health stakeholders

<u>Mid-October 2020</u>: Human patient with respiratory symptoms (surveillance)

<u>October 29, 2020</u> Jnusual *influenzo* strain, initial calls

Sample

October 29, 2020 evening Working group creation From October 30, 20
 Investigation

November 4, 2020: Press release



### Information sharing should be reciprocal within and between organizations/agencies involved in human, animal, and environmental health surveillance

"Your **perspective here is spread or transmission from swine to humans**, but I think what happens more frequently actually is spread from humans to swine. I don't see that we could get anywhere closer before **we also start to think about the danger that people actually have to the health of swine** [...] all the time you have

transmission the other way [from human to pigs], and that's sort of ignored"



### Trust and reciprocal data access is key



"I feel like it's a little bit of a one-way street. So PHAC wants access to what's happening in agriculture, but they don't have the information or the willingness to be able to share that information back with agriculture. [...] So that's also a problem when you build [an animal health network], you build it based on trust. And with trust comes: I share, you share." (I22)



Sample

 Mid-October 2020: Human patient
 October 29, 2020
 October 29, 2020 evening
 From October 30, 2020:
 November 4, 2020:

 with respiratory symptoms (surveillance)
 Unusual influenza strain, initial calls
 Working group creation
 Investigation
 Press release

# **RECOMMENDATIONS LINKED TO OH**

"We have a lot of zoonotic diseases that, when we're looking at animals, those are our **early predictors**. So, if I use West Nile virus as an example, you see it in the mosquito pools, you see it in horses, before you start seeing it in the human populations."





## Take home message

- Rapid, open communication is essential
  - This requires trust
- Requires formal and information relations, communication channels
  - Takes time to develop and needs to be ongoing



## **BUT – IT NEEDS TO BE "FAIR"**

Key supporting elements	Key operational elements		
1. Political will & high-level committment	A. Joint cross-sectoral coordination mechanisms		
2. Trust	B. Routine communications		
3. Shared objectives and priorities	C. Joint simulation exercises		
4. Shared benefits	D. Data sharing		
5. Strong governance structures	E. Joint risk assessment		
6. Adequate and equitable resources	F. Active cooperation on disease control programmes		
7. Identification and involvement of all relevant partners			
8. Coordinated planing of activities			
9. Guidance on implementation and cross-sectoral coll.			
10. Capacity development			
11. Strong and effective health systems			

within the ind. sectors

#### THE TRUST EQUATION BY CHARLES GREEN



https://trustedadvisor.com/articles/the-trust-equation-a-primer/

#### From Katinka de Balogh (retired, FAO)



International Journal of Environmental Research and Public Health



Article

#### Association between Pet Ownership and Mental Health and Well-Being of Canadians Assessed in a Cross-Sectional Study during the COVID-19 Pandemic

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José Denis-Robichaud <sup>1</sup>, Cécile Aenishaenslin <sup>2,3,4</sup>, Lucie Richard <sup>3,5</sup>, Marion Desmarchelier <sup>6</sup>
and Hélène Carabin <sup>2,3,4,7,*</sup>
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- Survey of 1500 Canadians in Apr-May 2021
- 750 pet owners and 750 non owners
- 80 questions: SES, health, QoL, stress and anxiety, loneliness, social support
- Further questions to pet owners

#### Crude association



#### Adjusted association



#### OPEN Pet ownership and psychological well-being during the COVID-19 pandemic

Catherine E. Amiot<sup>1⊠</sup>, Christophe Gagné<sup>1</sup> & Brock Bastian<sup>2</sup>

Scientific Reports | (2022) 12:6091

"Pet owners reported lower well-being than nonpet owners on a majority of well-being indicators; Compared to owners of other pets, dog owners reported higher well-being. When examining the effect of pet ownership within different socioeconomic strata, being a pet owner was associated with lower well-being among: women; people who have 2+ children living at home; people who are unemployed"

## Links between pet ownership and exercise on the mental health of veterinary professionals

Elliot T. Smith | Ana Maria Barcelos Daniel S. Mills Vet Rec Open. 2023;10:e62.

- 1088 participants (convenience sampling), >86% pet owners
- Pet owners were more depressed,
  - dog owners less anxious and less suicidal ideations than other owners
  - Cat owners more depressed and with suicidal ideation than other owners
  - Horse owners better scores than other owners
- These analyses were not adjusted for confounding
- Exercising (running, walking, sitting less) was associated with less depression.

Professional characteristics, attitudes, and practices associated with stress and quality of life among Canadian animal health workers

José Denis-Robichaud, Nikky Millar, Valérie Hongoh, Hélène Carabin, Lucie Richard, Cécile Aenishaenslin (page 854)

- 436 Canadian companion animal AHW
- Aug-Dec 2020 (T1) & May-Jul 2021 (T2)
- Professional characteristics, COVID-19 KAP, perceived stress, QoL



Distribution of frequency of adoption of measures against COVID-19 at work by Canadian animal health workers (n = 317 to 413) during the COVID-19 pandemic (August to December 2020).

- About 1/3 vets, 2/3 AHT
- Perceived increases in new clients (~75%), refused new clients (~52%), refused treatment (~25%) & in euthanasia (~24%)

CVJ 2023; 64(9)



Proportion of Canadian animal health workers (n = 189) who perceived an increase in clients, clients refusal, treatment refusal, and euthanasia in their practice at T2 (May and July 2021), with the perception they had at T1 (August to December 2020).

**Table 3.** Estimates and 95% confidence intervals (CI) from linear regression models for variables associated<sup>a</sup> with perceived stress of animal health workers in Canada during the COVID-19 pandemic (August to December 2020).

Variables	Crude estimate (95% CI)	Adjusted estimate (95% CI)	Confounders included in models
Adoption of measures against COVID-19 index	-3.35 (-4.74; -1.96)	-2.81 (-4.18; -1.44)	Age
Increased new client refusal	1.90 (0.69; 3.12)	1.56 (0.36; 2.76)	Occupation and increase in new clients
Increased euthanasia	2.27 (0.84; 3.69)	1.44 (0.04; 2.83)	Age, occupation, and increase in new clients

<sup>a</sup> Only adjusted associations with P < 0.05 are presented (all models are available in Appendix III, available online from: www.canadianveterinarians.net).

- Adoption of measures against COVID-19 was associated with less "high burnout" and "low compassion index" on the professional QoL scale.
- Perceived increase in euthanasia and new clients were associated with more "high burnout" and "high secondary traumatic stress", respectively

# ONE HEALTH IN ANIMAL HEALTH PRACTICE: WHAT WILL BE YOUR ROLE?

